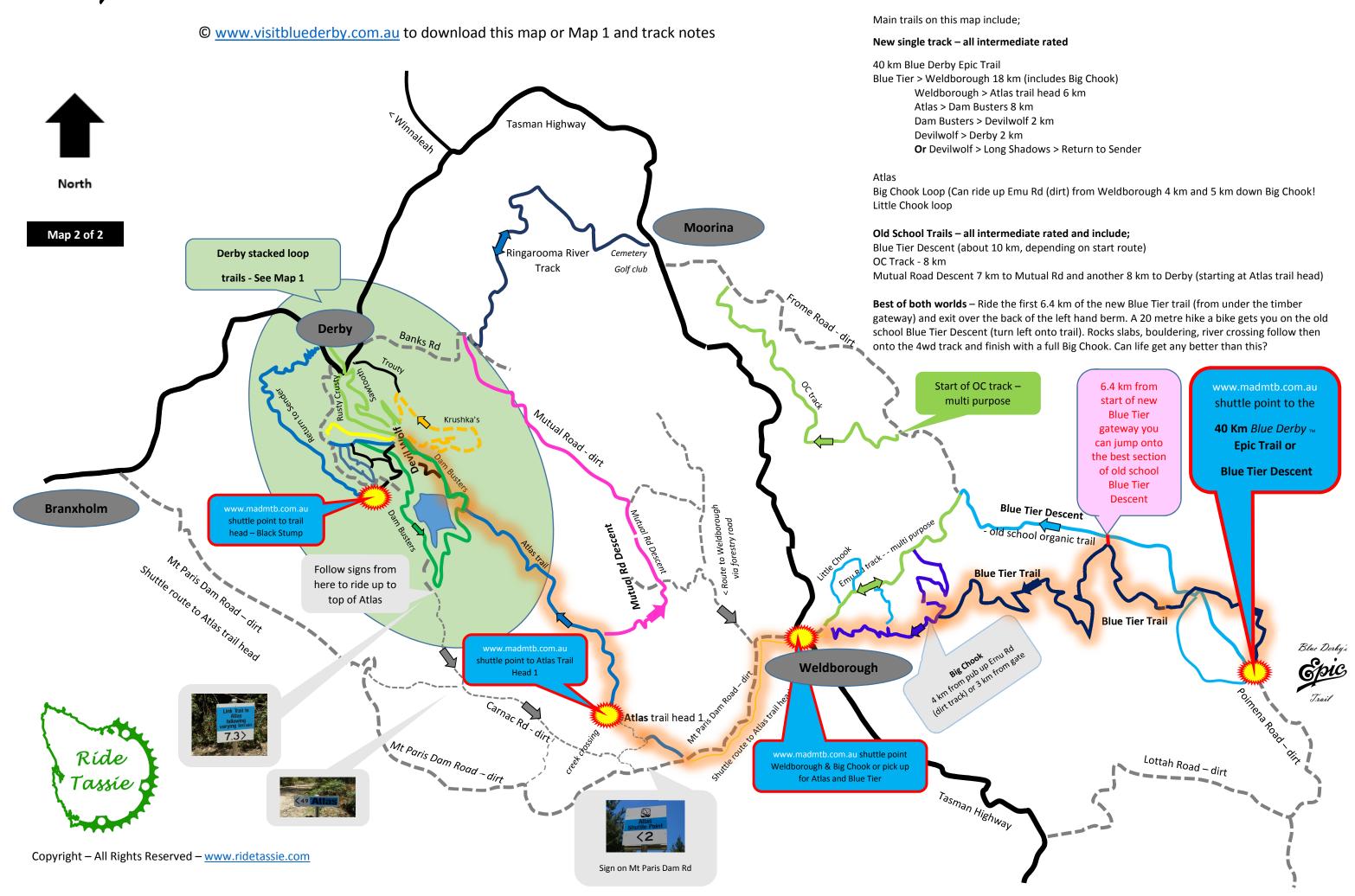
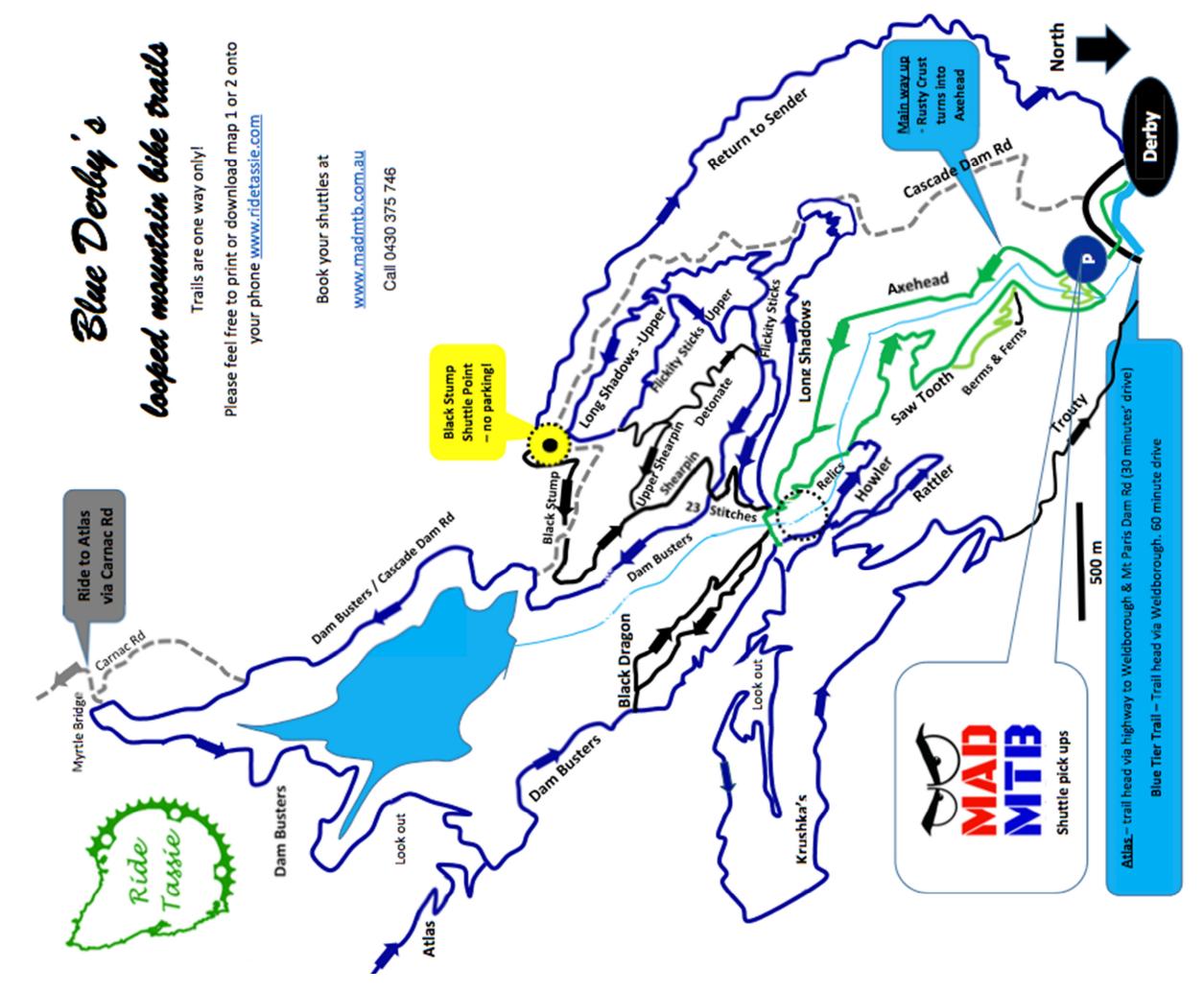
# Derby & Blue 7ier Mountain Bike 7rails, Bush 7racks & Access Roads





# **Basic Trail Info for Derby & Blue Tier**

The trails around Derby are a "stacked loop" design and are ridden in a single direction ONLY. Note direction of arrows. Take plenty of water / food with you, especially if riding up to Atlas or Dam Busters. Do not drink from creeks! Not toilets on trails either! Mobile – Telstra. No other providers have coverage in this valley!

# For the kids & beginners – (green trails) Fitness level required – not much

3 trails only – sorry!

River trail - from the showers (primary trail head) to the secondary trail head and shuttle depart point for Atlas.

Chain Gang - This trail is wheel chair friendly and flows around the mining works around the Cascade River's edge. Great easy trail.

Rusty Crusty – This is a third option but please be careful as there are some rough rocky creek crossings and the odd rough section. Kids / beginners may need to walk these. The rest of the trail rides like Chain Gang and well worth it. This trail is the main trail into the trail network and thus links onto Saw Tooth.

# **Experienced beginner to intermediate riders**

Axe Head – This is the main trail that takes you up to all the other trails in the Derby network. This is a great ride that takes you through along the lower reaches of the Cascade River and through the "twisties". Be sure to grab a photo at Trout Falls before heading up to Devil Wolf.



Devil Wolf – This rocky canyon is a must stop and is reached after crossing a small green bridge and rock pathway. More often than not, you miss this until you ride Long Shadows & Flickity Sticks.

**Devil Wolf** is the centre of most of the trails in this area. From here you can ride;

- 1. Up Long Shadows & down Flickity Sticks
- 2. Up Long Shadows, Long Shadows Upper From this you can ride; Return to Sender, Long Shadows Upper & Lower, Shearpin & 23 Stitches, Dentonate or onto Dam Busters or Atlas (via Carnac Rd)
- 3. Dam Busters (via Long Shadows & 1/3 Flickity Sticks and along The Great Race and up Heart Break Hill)
- 4. Krushka's
- 5. Trouty (via Krushka's)
- 6. Rattler
- 7. Boulder Falls
- 8. or back to Derby via Relics & Saw Tooth
- 9. You can ride up to the **Atlas**, via Dam Busters (up route), then follow the signs.

#### Long Shadows (5 – 15 minutes) up

Long Shadows is a gentle climbing ride on an easy trail. Basic fitness is required, with basic bike skills. It follows a few water races, which were used to direct water to Derby's tin mines, many years ago, as it winds its way up to Flickity Sticks.

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#### Long Shadows – Upper (5-15 minutes) up

Long Shadows upper takes you to the new shuttle point at the top of Cascade Dam Rd. The trail uses switchbacks to assist in the required elevation gain. A nice ride that requires a bit of effort & fitness. The payoff is worth it, with a choice of 3 trails at the top. Flickity Sticks Upper & Lower, Return to Sender (takes you back to Derby), Shearpin / 23 Stiches or onto Dam Busters / Atlas.

#### Flickity Sticks - Upper (3-8 minutes) down

This is an awesome extension of Flickity Sticks – lower and well worth the extra climbing. With heaps of huge berms, roll overs and features, this light blue trails suits the advance beginner on.

#### Flickity Sticks (5 -8 minutes) down

Flickity Sticks is a great descending ride, with a selection of berms to get you ready for the other trails in the area. It is the easiest of the blue trails in the network and well worth your effort.

Note – If you find Flickity Sticks difficult, do not try the others and make your way back to Derby via Relics & Saw Tooth

**Boulder Falls** (5 – 10 minutes) Easy except for crossing at falls

#### **Relics** (5 minutes) Easy. Suit experienced beginner

Relics is a return trail from the junction at Long Shadows & Flickity Sticks. It basically follows the old road back to where Rattler trails joins Saw Tooth.

Saw Tooth (10 – 20 minutes) Easy. Suit experienced beginner

Saw Tooth is the return trail back to Derby from Devil Wolf. It has a few minor technical points along the way, but these can be walked if need be. You can side track to Monument, which needs to be ridden with care, as some sections go past 3 metre drops. The monument gives you a view over the township of Derby.

Blue Derby Wilderness Trail (Blue Tier Section) – This trail start at the top of the Blue Tier at Piomenia, This trail is a 50 to 90 minutes (18 km) light blue ride with a few technical features. It transverses sub alpine terrain, with great views across north east Tasmania (on a sunny day!) It goes through Myrtle forests and along creels and stream, similar those found in in Cradle Mountain National Park. It has a very gentle sloping gradient, with the odd switchback and creek crossing. The trail builders have gone for "back country experience" over excitement and adrenaline in this trail.

# **Intermediate Riders**

Dam Busters (1 – 2 hours) – Good level of bike skills required (for the descent into Devil Wolf fitness and)

This ride requires a bit of effort to get to the main trail. From Devil Wolf you head up Long Shadows > then go down 1/3 of Flickity Sticks and turn right onto the Dam Busters Trail. You'll travel up along Heart Break Hill before descending down onto Cascade Dam Rd. You'll then follow this 4wd tack until one again hitting some magic single track. Be sure to look up and around as you ride along this bit of trail. When you hit the old logging bridge with the new bit over the top, stop here for a refueling stop, as the fun now begins or at the lakeside Stop, 5 minutes further on.

Dam Busters finishes at Devil Wolf. This is the rock canyon you see in many photos. From here, you can ride Krushka's or Long Shadows > Flickity Sticks or head back to Derby either via right (Boulder Falls) or left & cross over green bridge and head off right down Relics, cross the creek and left into Saw Tooth onto Derby.

Ride Option 2 - This is a quicker and easier UP option, or so we believe, as it takes out Heartbreak Hill.

Ride up Cascade Dam Rd (which starts of Krushka's St (see Derby Town Hall). A tarmac rd soon turns to dirt and is a steady climb. You'll soon pass a Blue Derby trail signpost, where Long Shadows pops onto the road. Continue up Cascade Dam Rd and head straight ahead when the road goes right. Just after this, you'll see the trail post for Flickity Sticks. Continue up Cascade Dam Rd, as it climbs for another few km. Then it's down to the lake. Turn right head (Dam Busters trail from Heartbreak Hill comes in from the right here. You are now on the old road that will take you to Dam Busters & Atlas trails.

Return to Sender (10 – 20 minutes) along & down, down, down. A great ride back to Derby, following some former mining water races at first. Then you start to descend, passing some great natural features, huge berms and lots of flow. After a bit of climbing, a rest on a bench and lots of ferns, you enter the "flow zone", descending into Derby, with 1 metre gap jumps (B lines available) and HUGE berms, you'd lose cows in. With a rock slab finish you be spat out in the middle of Derby, opposite the Derby Post Office. Ie. You have just been Returned to Sender!

**Shearpin** (5-10 minutes) down – a selection of techy rock slab descents and crossing with a few purpose built timber bridges to help you along. This little warm up gets you ready for 23 Stitches, with a few HUGE berms, 1 metre gap jumps and a nice little techy rock sections to end you up at the bottom of Flickity Sticks. You'll want more after that little effort.

Krushka's (45 – 90 minutes) - Good level of bike skills & fitness required for both the climb up and descent. Intermediate beginner could attempt this, with car & fitness.

This is a great ride, especially if you like to put in a bit of effort before your reward. A typical cross country type of ride with descending berms you can "lose cows in". It has a few technical sections for the advance beginner, if you have the fitness, both when climbing & descending. It takes through a variety of forest types, so be sure to look around as you ride through. Climb up from Devil Wolf takes between 20 – 40 minutes, depending on fitness.

Rattler (10 - 15 minutes)

Rattler is normally done as part of Krushka's and requires the same level of skills and fitness.

Howler – (5 – 10 minutes) takes you past Boulder Falls. Advanced Beginner could ride this. Just be careful of rock features. You may be best to walk these.

Atlas (30 - 60 minutes - one way) - a good level of bike skills is required. Not for beginners!

Atlas is a 10km descent (14 km if riding back to Derby), with a few small climbs. You can roll over everything, with B-lines for those that need a safer option. You'll need a few rides to really appreciate the technical aspects of this trail. The trail builders have built a heap of hidden A-line features, for your riding pleasure. If you ride from Devil Wolf up to the top of Atlas & back to Devil Wolf, you'll need to allow 2 hours. The ride up to the Atlas trail head is from the top of Dam Busters. It is well sign posted from this point and is 4.7 km and follows Carnac Rd (forestry road).

#### Mutual Road Descent – Suit advanced beginner rider up.

This is an old school trail and is 28 km if ridden from Derby, via Dam Busters, up Carnac Rd to the Atlas Trail Head. From here, follow the first section of Atlas and turn right at 3 km (See pink writing on trees (MRD). There is a well-defined old logging trail heading down. 100 metres on, these is a junction to the right. Continue straight on. You are on the descent section. Enjoy. There is some trail marking. Follow MRD signage and pink ribbons/ markings.

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# Weldborough / Blue Tier

Little Chook - suit beginner

#### Big Chook – suit intermediate beginner rider up.

Big Chook is the first part of the Blue Tier Trail to open and is accessed from the southern end (ie. Weldborough Hotel). It can be found 4 km from the Weldborough Hotel, down Emu Rd. If heading off from the gate (1 km down Emu Rd) it will be 3 km until you reach the top of the first big climb. The climb requires some fitness but is not too technical. Big Chook itself is an easy ride, with a very smooth and flowy trail with berms you can "loose cows in". The trail would suit intermediate beginners on and is a trail that has a lot of small A line jumps. These jumps would appeal to those that are keen to learn how to find some air, but on safe jumps. The land zones are particularly friendly, with smooth wide zones. It goes through a range of environments with again, heaps of ferns.....enjoy.

Note – You may like to ride from Derby to ride this section of the Blue Tier trail, a quick drink & lunch at pub and then up Mt Paris Dam Road to the Atlas Trail Head.

The quickest way to ride to Weldborough is via Banks Rd, at 2.7 km right onto Mutual Rd (after concrete bridge), turn right at 7.2 km and up first section of Mutual Road Descent and left up forestry rd. Right at top of forestry rd and left when you hit the Weldborough sign. All up, this is a 14 km ride. (Zero speedo at start of River Track at signage at shower trail head). Alternatively, ride via Atlas ride route, but head right before final pinch and ride towards quarry and then down Mt Paris dam Rd to Weldborough. This is about 19 km.

Blue Derby Wilderness Trail (50 – 90 minutes) This trail would suit an advance beginner upwards.

(Blue Tier Section) – This trail start at the top of the Blue Tier at Piomenia, This trail is a 50 minute to 90 minutes.. It has a very gentle sloping gradient, with the odd switchback and creek crossing. The trail has three distinct sections. First 1/3 transverses sub alpine terrain, with great views across north east Tasmania (on a sunny day!) It goes through Myrtle forests and along creels and stream, similar those found in Cradle Mountain National Park. The second 1/3 is a super flowy funfest. Best described as 20 minutes of endless flow. Smile on your dial stuff!. The Final 1/3 is follows the Big Chook trail. Endless berms on this section of track, but be careful, there are a few technical features that can catch you out!

#### Old School Blue Tier Descent (60–90 minutes)

This is one of the most organic trails in Australia and is an old logging / mining track. It is multi use, so you'll come across walkers, runners, 4 wheelers, motor bikes and 4wds. They travel in both directions, so please be careful.

This trail start at the top of the Blue Tier at Piomenia, the same place as the Blue Derby Trail (follow road signage). It is for advanced intermediate riders who can pick ride lines. Extreme caution when riding when wet as rocks will be very slippery.

You can either self-shuttle or grab a commercial one to get yourself to the start at Piomenia or you can ride up Emu Rd (the way you ride up to Big Chook from the Weldborough Hotel) and along to Frome Rd and the old school Blue Tier Descent track. This takes about 90 minutes, if you have average fitness. Remember you are riding up, for at least half of the 12 km ride).

# Shuttle & Ride Suggestions - Rides starting from the Blue Tier Reserve

## Ride 1 - All Day Blue Derby Epic 40+ km (Intermediate and better riding ability and fitness)

**MADMTIB** 

- Shuttle Derby to / from Weldborough to Blue Tier
- Ride Blue Tier Trail
- Last 2/3 of Big Chook trail
- Lunch a Weldborough Hotel
- Shuttle up Mt Paris Dam Rd to Atlas Trail (or ride the 4 km gravel grind up)
- Atlas Trail
- Dam Busters final section (plus Black Dragon, if you dare!)
- Arrive at Devilwolf had enough? Head directly back to Derby via Howler, Sawtooth, Berms & Ferns
- Want more ? Option A up Long Shadows and back down Flickity Sticks then onto Howler, Sawtooth, Berms & Ferns to Derby
- Want more ? Option B up Flickity Sticks and Flickity Stick Upper and pick one of 3 rides from Black Stump. These options are;
- 1. Ride Full Flickity Sticks,
- 2. Shearpin & 23 Stitches (black trail)
- 3. Return to Sender back into Derby (best option)
- This is backcountry riding, so you need to be self-sufficient. There are no short cuts out, so if you can't fix something, you are pushing your bike all the way to the end of Big Chook.
- Take the usual spares, chain breaker, links, pump, cable ties, etc
- Take a drink bottle / Camelback, snacks & \$\$\$ for Weldborough pub.
- Camera et
- Phone reception is virtually non-existent on this trail. You will get reception at the Atlas trail head 1 and some spots on Atlas trail.

# Ride 2 - World famous All Day Blue Tier Descent 40+ km (Intermediate and better riding ability and fitness)

Same as Ride 1 but from the Blue Tier drop off, you follow the Wellington Creek walking track to the Blue Tier Descent

This ride is old school riding and requires great bike skills including picking ride lines etc. This ride gives you full Big Chook descent as well. From Weldborough Hotel, same as above.

- This is backcountry riding, so you need to be self-sufficient. There are no short cuts out, so if you can't fix something, you are pushing your bike to either the forestry road Frome Rd or back to the Weldborough pub.
- Take the usual spares, chain breaker, links, pump, cable ties, etc
- Take a drink bottle / Camelback, snacks & \$\$\$ for Weldborough pub.
- Camera etc
- Phone reception is virtually non-existent on this trail. You will get reception at the Atlas trail head 1 and some spots on Atlas trail.

# **Shuttle & Ride Suggestions - Rides starting from Weldborough**

# Ride 3 - Big Chook & Atlas trail (Intermediate and better riding ability and fitness)

Big Chook is a 8 km up and down loop and Atlas is a 10 km ride down into Devilwolf. Most riders do a number of Big Chook loops leaving from Weldborough before heading back to grab a feed or drink at the Weldborough Hotel, before shuttling or riding up to the Atlas Trail Head (6 km)

- Shuttle from Derby to Weldborough
- Ride <u>Big Chook</u> trail (heaps)
- Pub rehydration / feed
- Shuttle up Mt Paris Dam Rd to Atlas Trail Head 1 (or ride the 4 km gravel grind up)
- Atlas Trail
- Dam Busters final section (plus Black Dragon)
- Arrive at Devilwolf had enough? Head directly back to Derby via Howler, Sawtooth, Berms & Ferns
- Want more 1 up Long Shadows and back down Flickity Sticks then onto Howler, Sawtooth, Berms & Ferns to Derby
- Want more 2 up Flickity Sticks and Flickity Stick Upper and pick one of 3 rides from Black Stump.
- 1. Ride Full Flickity Sticks See Ride 5 below
- 2. Shearpin & 23 Stitches (black trail) See Ride 6 below
- 3. Return to Sender back into Derby (best option) see Ride 7 below
- Take the usual spares, chain breaker, links, pump, cable ties, etc
- Take a drink bottle / Camelback, snacks & \$\$\$ for Weldborough pub.
- Camera etc
- Phone reception is virtually non-existent on Big Chook or Weldborough. You will get reception at the Atlas trail head 1 and some spots on Atlas trail.

## Ride 4 - Direct to Atlas trail head 1 (Intermediate and better riding ability and fitness)

This is the trail that put Blue Derby on the MTB map, internationally. Atlas is a 8 km descent down to the last section of Dam Busters, then into Devilwolf. You're read all about it, so now it's time to ride it.

- Shuttle from Derby or Weldborough to Atlas Trail Head 1
- 8 km Atlas trail
- <u>Dam Busters final section</u> (plus <u>Black Dragon</u>)
- Arrive at Devilwolf had enough? Head directly back to Derby via Howler, Sawtooth, Berms & Ferns
- Want more 1 up Long Shadows and back down Flickity Sticks then onto Howler, Sawtooth, Berms & Ferns to Derby
- Want more 2 up Flickity Sticks and Flickity Stick Upper and pick one of 3 rides from Black Stump.
- 1. Ride Full Flickity Sticks See Ride 5 below
- 2. Shearpin & 23 Stitches (black trail) See Ride 6 below
- 3. Return to Sender back into Derby (best option) see Ride 7 below
- Take the usual spares, chain breaker, links, pump, cable ties, etc
- Take a drink bottle / Camelback, snacks & \$\$\$ for Weldborough pub.
- Camera etc
- Phone reception is virtually non-existent on Big Chook or Weldborough. You will get reception at the Atlas trail head 1 and some spots on Atlas trail.

# Shuttle & Ride Suggestions - around Derby's looped trail system

# **Black Stump Trail Head**

Ride 5 - Flickity Sticks Upper & Lower (advanced beginner on - blue trail rating) then onto Howler, Sawtooth, Berms & Ferns to Derby - add 3.6 km

Ride 6 - Shearpin & 23 Stitches - (3 km) (experienced riders only) then onto Howler, Sawtooth, Berms & Ferns to Derby

**Ride 6a – New Shearpin** rock garden via Flickity Sticks Upper. Joins Shearpin lower.

Ride 7 – Detonate – Bloody hard black diamond trail that comes off the top of Flickity Sticks and joins onto Flickity Sticks lower.

Ride 8 - Return to Sender 5 km- (advanced beginner on - blue trail rating). Awesome trail that spits you out in the heart of Derby, near Derby's Post Office. Features following Derby's old mining water races and 1 metre gap jumps, rocks slabs and features through out. Minimal climbing. :-)

Ride 8 - Dam Busters - without the climb up about 60 - 90 minutes back to Devilwolf - (advanced beginner on - blue trail rating)